



Friendship Heights

VILLAGE NEWS

JUNE 2004

301-656-2797

VOLUME 19, NO. 1

**Three cheers for
our community
art show
see page 5**

Visit Jekyll Island, Savannah and Charleston in September

Experience the beauty of Georgia's Golden Isles and South Carolina's Low Country as we travel south for a six-day, five-night excursion Sept. 26 through Oct. 1.

Our trip begins **Sunday, Sept. 26**, when we leave the Village Center at 8:30 a.m. and enjoy a leisurely drive through Virginia to Southern Pines, North Carolina. Our home for the first evening will be the beautiful Mid Pines/Pine Needles Resort, just five miles from the village of Pinehurst. Pine Needles and Mid Pines Resort has been the perennial host of the

LPGA's Women's Open and is a member of Historic Hotels of America. That evening, relax and



enjoy dinner in the resort's acclaimed restaurant

The next morning following a sumptuous full buffet breakfast, we'll travel to the Georgia Golden Isles to stunning Jekyll Island. Known as "Georgia's jewel," Jekyll Island boasts an enchanting riverfront historic district, miles of wide beaches and the renowned Jekyll Island Club, which will be our home for the next two nights.

Founded in 1886, it was the winter retreat for some of America's most elite families. Restored to its original splendor in 1986, it is now a National Historic

"Broadway and Beyond" at Wolf Trap

Enjoy an evening of musical favorites when two of Broadway's best, Pops Conductor Marvin Hamlisch and spellbinding vocalist Linda Eder, join the National Symphony Orchestra on **Thursday, July 8**.

We will leave the Friendship Heights Village Center at 6:45 p.m. The cost is \$56, which includes an orchestra seat, transportation and gratuity. Residents and one guest may sign up immediately; nonresidents may sign up on Tuesday, June 8. There are 24 tickets available.



An evening sail in Annapolis

Join us for a relaxing and rollicking two-hour evening sail aboard the Schooner Woodwind on **Monday, July 12**. We'll board the 74-foot wooden schooner in Annapolis and set sail with a colonial wench who will regale us with the history of Annapolis. While on board, we'll enjoy a picnic dinner, complete with gourmet sandwich, side salad, fresh fruit salad, home-made brownie or cookie, and soft drink.

We'll depart from the Village Center at 4 p.m., and arrive in Annapolis in time to browse through the shops along the historic town's harbor before boarding the boat for a 6:30 sail. We should return to Friendship Heights by 10 p.m.

The cost is \$62, which includes transportation, evening sail, picnic dinner, and all taxes and gratuities. Sign-ups for residents and one guest begin immediately at the Village Center. Nonresidents may sign up beginning June 15. There are 29 spaces available.

Washington's obsession — see page 11.

CHILDREN'S PROGRAMS

Camp Friendship Returns to the Village Center this summer

Children ages 2 to 5 are invited to participate in Camp Friendship this summer.

The camp, which features arts, crafts, music and fun and games will take place from **10:30 to noon, Monday July 19 through Friday, July 23.** Watch the July newsletter for details.



Washington Parent available at the Village Center

Washington Parent, a monthly publication for parents and children in the area, is now available at the Village Center. *Washington Parent* has great tips of child rearing, from choosing the right school to activities to keep children entertained all summer.

They will be delivered at the beginning of the month. Stop by and get one.

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Friendship Heights VILLAGE NEWS

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The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the July issue is June 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Martin Kuhn

EDITORIAL STAFF

Melanie Rose White
Volunteer Editor

Jennie Fogarty
Staff Writer

Anne Hughes O'Neil
Staff Writer, Advertising

Susan C. Zarriello
Page Design/Layout

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ON the GO...

Georgia Trip continued from page 1

Landmark and is also a member of Historic Hotels of America. This Victorian hotel is nestled among live oak trees festooned with Spanish moss.

Monday evening we'll enjoy a Low Country Cookout, complete with boiled shrimp, black-eyed pea salad, barbeque chicken, catch of the day, cornbread and key lime pie, in the hotel's courtyard.

Tuesday morning following breakfast, we'll meet our guide and begin our tram tour of the Jekyll Island Historic District. Here on this small barrier island, Morgan,

Vanderbilt, Rockefeller and others shaped a private world of grand cottages.

Lunch on Tuesday will be at the historic King and Prince Hotel overlooking the Atlantic Ocean. In the afternoon, we'll tour St. Simons Island, the largest of Georgia's Golden Isles. We'll drive through Fort Frederica, the site of Georgia's first military outpost, then visit the hauntingly beautiful Christ Church, built in 1736. We'll also stop at St. Simon's Lighthouse, which consists of four structures including an 1872 brick lighthouse,

continued on back cover

Last call for "Cat On a Hot Tin Roof"

Join us for a matinee performance of "Tennessee Williams's "Cat on a Hot Tin Roof" at the Kennedy Center on **Sunday, June 13.**

The cast includes Mary Stuart Masterson as Maggie and George Grizzard as Big Daddy.

We will leave the Village Center at 1:30 p.m. and return around 5 p.m. The cost of the trip is \$90, which includes an Orchestra seat ticket, transportation, and gratuity.

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Crazy about Gershwin

There are a few tickets left on our trip to Alexandria's West End Dinner Theatre on **Wednesday, June 23**, for lunch and a matinee performance of Gershwin's "Crazy for You."

Lunch will be a choice of entrée (chicken, beef, fish or pasta), salad, rolls, and dessert. Coffee and tea are included; soft drinks and alcoholic drinks are extra. We will leave the Village Center at 11:30 a.m. and return around 4:30 p.m. The cost of the trip is \$49, which includes ticket, transportation, lunch, and all gratuities.

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Three cheers for our community art show

The Village of Friendship Heights will sponsor a multi-media juried Fourth of July exhibition in conjunction with the annual Celebration at the Village Center. Suggested subjects include family gatherings, parades, fireworks, picnics, heroes, and speeches, etc. Prizes will be awarded to the top winners. The exhibition is open to all artists.

Conditions of entry are: artists may submit one work of art in any medium; framed works should not exceed 48 inches in any direction, including the frame; large works should be framed with plexiglass; all hanging works should have screw eyes and wire, ready to hang; canvases may not be wet; and, sculpture should not exceed 50 pounds. Joan Samworth, artist and instructor, will jury the entries and select the winners. Ms. Samworth has been involved with the Public Art Works at the Corcoran as co-director of the mural projects, and director of the arts projects at the Twin Oaks Center. She currently teaches private lessons to children and holds a weekly class at the Village Center.

Entry forms are available at the Village Center. Artwork may be delivered there June 30 between 10 a.m. and noon and 6:30 and 8:30 p.m. There is a non-refundable entry fee of five dollars.



Local entrepreneur plays Trump card

"The Apprentice's" Sam Solovey (maybe we should call him Samsonite Sam now) will speak at the Village Center on **Thursday, June 10, at 7:30 p.m.**

On the television show's finale, Sam offered a \$250,000 bribe (in a Samsonite briefcase) to Donald Trump if he would hire him. Sam, a Friendship Heights Village resident, will tell us about that and other experiences while taping "The Apprentice" on NBC. In real life, Sam is a very successful businessman who launched and runs Potomac Tech Wire, a free daily e-mail service summarizing technology in the Washington, DC area. Please call 301-656-2797 to reserve a seat.

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Water Music in the Park with the Landon Symphonette

Members of the Landon Symphonette Chamber Ensemble will return to Friendship Heights on **Saturday, June 26**, for a concert from noon to 1 p.m. in Hubert Humphrey Park. The symphonette is a unique group of talented musicians from Landon School and other area schools playing together with professionals in a mentoring relationship.

Enjoy a performance of *The Water Music* and a special performance of a select work from Italian composer Tomaso Giovanni Albinoni by soloist Richard Lemon. Admission is free. Please call 301-656-2797 if you plan to attend.



As the Village of Friendship Heights celebrated the 90th anniversary of its founding, the Council also recognized several residents of the Village who had reached a similar milestone. Residents who have celebrated their 90th birthday include, left to right, Rena Hayes, Anne Levin, Sylvia Rothstein, Kitty Salasin, Marianne Cook, Gertrude Friedman, Mabel Farrah, Dr. Henry Clay Huntley, and Walter Zachariaciewicz.

PLEASE NOTE:
there will be no movies this month.

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FRIENDSHIP GALLERY

Montgomery County Art Association celebrates its Golden Anniversary

The Montgomery County Art Association will hold its 50th Anniversary Art Exhibition at the Friendship Gallery in June. All are invited to meet the artists at a reception on **Sunday, June 13, from 11:30 a.m. to 1:30 p.m.** Mayor Melanie Rose White will present awards at 12:30 p.m., followed by an art talk by Judge Barbara Nuss, artist, teacher and author.

MCAA was established in 1954 to promote visual arts in the county. It hosts several exhibits every year and holds an open show for all artists each year in Kensington Armory on Labor Day weekend. The Association also sponsors a scholarship program with a cash award to an art student enrolled in Montgomery College.

The exhibit begins June 1 and runs until June 30. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk receptionist when you arrive.



"Sedona's Scenic Airport" by Ruth Ellsworth and "Blossoming Friendship" by Christina Graff



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Need a place to eat? While Clyde's of Chevy Chase is closed, take our free shuttle bus to our beautiful Adirondack-style Tower Oaks Lodge, leaving Friendship Heights Village Center every Monday for dinner at 5:00 and every Wednesday for lunch at 11:00, and returning when you're done. Just call us at (301) 294-0200 to let us know you're coming and we'll have a seat ready.

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JUNE SCHEDULE

5:00 Dinner
on Mondays

11:00 Lunch
on Wednesdays

June 7
June 14
June 21
June 28

June 2
June 9
June 16
June 23
June 30



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Friendship Heights
Village Center



Calendar
of Events 2004

J U N E						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Don't miss Thomas Hargrave Jr., who will discuss his book, <i>Twenty Years from Yesterday: The Saga of Anthony Bowen</i>, at the Village Center on Thursday, June 3, at 7:30 p.m. Mr. Hargrave's book is about the founding of the YMCA of Metropolitan Washington.</p>		<p>1</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6 p.m.: Dance N' Tone 6:30 p.m.: Introduction to Pastel 7 p.m.: Mat Pilates</p>	<p>2</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7:30 p.m.: Concert: Minter and Minter</p>	<p>3</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:45 a.m.: Depart for Glen Echo 10 a.m.: Still Life Painting 6 p.m.: Dance N' Tone 6:30 p.m.: Scrabble 7:30 p.m.: Book Signing with Thomas Hargrave</p>	<p>4</p> <p>10:30 a.m.: Coffee and Current Events</p>	<p>5</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</p>
	<p>6</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m.: Yoga</p>	<p>7</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Drop-in Yoga</p>	<p>8</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6 p.m.: Dance N' Tone 6:30 p.m.: Introduction to Pastel 7 p.m.: Mat Pilates</p>	<p>9</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban Lecture: "Osteoarthritis and Your Joints" 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Mariachis de Los Compadres</p>	<p>10</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Still Life Painting 11 a.m.: Drop-in Bones for Life 6 p.m.: Dance N' Tone 6:30 p.m.: Scrabble 7 p.m.: Drop-in Bones for Life 7:30 p.m.: Sam Solovey</p>	<p>11</p> <p>10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Concert with Sheila Grimes</p>
	<p>12</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</p>	<p>13</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception 1:30 p.m.: Depart for "Cat on a Hot Tin Roof"</p>	<p>14</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</p>	<p>15</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6 p.m.: Dance N' Tone 6:30 p.m.: Introduction to Pastel 7 p.m.: Mat Pilates</p>	<p>16</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7:30 p.m.: Concert: The Orioles</p>	<p>17</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Bones for Life 6:30 p.m.: Scrabble 6 p.m.: Dance N' Tone 7 p.m.: Bones for Life 7:30 p.m.: Café Muse</p>
	<p>18</p> <p>10:30 a.m.: Coffee and Current Events</p>	<p>19</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</p>	<p>20</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m.: Drop-in Yoga</p>	<p>21</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga</p>	<p>22</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Long Term Care Seminar 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6 p.m.: Dance N' Tone 7 p.m.: Mat Pilates 7:30 p.m.: Financial Solutions Seminar</p>	<p>23</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 11:30 a.m.: Depart for "Crazy for You" 1 p.m.: Health Insurance Counseling 1 p.m. Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Alexandria Kleztet</p>
	<p>24</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Bones for Life 6 p.m.: Dance N' Tone 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30 p.m.: Book Signing with Joel Achenbach</p>	<p>25</p> <p>10:30 a.m.: Coffee and Current Events</p>	<p>26</p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:15 a.m.: YMCA Yoga 12 p.m.: Landon Symphonette</p>	<p>27</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>28</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting</p>	<p>29</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6 p.m.: Dance N' Tone 7 p.m.: Mat Pilates</p>
	<p>30</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7 p.m.: Drawing and Painting 7:30 p.m.: Concert: The Dixie Power Trio</p>	<p>Please note that this month's Village Council meeting will be held on Monday, June 14. The agenda for the meeting will be sent to the manager of each building in the Village the week before the meeting with the request that it be posted.</p>				

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND PROGRAM

June's special lunch, prepared by Ed Harris of Brighton Gardens, will be held on **Friday, June 11, at 12:15 p.m.** The menu will be beef stir fry, wild rice, green beans, salad, and homemade apple pie for dessert. The cost is \$6, which must be paid when you make your reservation. Please reserve your seat by Wednesday, June 9.

Following lunch, please stay for a piano concert performed by Sheila Grimes **at 1 p.m.** Mrs. Grimes studied at the Paris Conservatory of Music and the Academy of Music of Scotland. She completed her chamber music training at the Royal Conservatory of Music in Brussels. She is the pianist and director of Les Amis de Mozart. There is no charge for the concert, but please call the Center at 301-656-2797 if you plan to attend.



CLASSES and CLUBS

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SESSION. NO REFUNDS AFTER CLASS BEGINS.

NEW CLASSES

BEGINNING AND CONTINUING YOGA (Daytime)

This 5-week class in Hatha Yoga is taught by Robin Dinerman and begins July 11. Meets Sundays from 11 a.m. to 12:30 p.m. The session includes postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$55 for residents and \$70 for non-residents. Session ends Aug. 8.

BEGINNING AND CONTINUING YOGA (Evening)

This 7-week class in Hatha Yoga is taught by Robin Dinerman and begins June 14. Meets Mondays from 7:30 to 9 p.m. The session includes postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$75 for residents and \$90 for non-residents. Session ends Aug. 9 (there is no class June 28 or July 5).

BONES FOR LIFE (Daytime)

Stand tall and add a spring to your step with weight-bearing exercises that promote healthy bones. Perk up with relaxation and breathing techniques, based on the Feldenkrais Method. The 5-week series meets Thursdays from 11 a.m. to 12:30 p.m., beginning with a **FREE CLASS** June 10. Cost for the next 4 classes is \$45. Last class is July 8. The instructor, Hedy Ohringer, is

certified to teach Feldenkrais and Bones for Life. All classes are designed for new students and alumni, too.

BONES FOR LIFE (Evening)

Stand tall and add a spring to your step with weight-bearing exercises that promote healthy bones. Perk up with relaxation and breathing techniques, based on the Feldenkrais Method. The 5-week series meets Thursdays from 7 to 8:30 p.m., beginning with a **FREE CLASS** June 10. Cost for the next 4 classes is \$45. Last class is July 8. The instructor, Hedy Ohringer, is certified to teach Feldenkrais and Bones for Life. All classes are designed for new students and alumni, too.

DRAWING AND PAINTING (Daytime)

A 10-week course for all skill levels, taught by Doris Haskell, begins on June 14. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends August 23 (there will be no class on July 5).

DRAWING AND PAINTING (Evening)

A 10-week course for all skill levels, taught by Doris Haskell, begins on June 16. Meets Wednesdays, from 7 to 9 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends August 18. (Maximum number of students is 12).

MAT PILATES

A 6-week session begins June 8. Meets Tuesdays from 7 to 8 p.m. The cost is \$65 for residents and \$75 for nonresidents. This non-impact

program, which conditions the body 'from the inside out,' develops muscle balance and proper spinal alignment. Pilates is revitalizing and renewing, not exhausting! The exercises are performed on a mat and are performed in a sequenced order. This is a beginners and intermediate class, but is not recommended for pregnant women or, unless directed by a physician, for those with more serious spinal conditions. Instructor Ginger Russell has successfully completed a course in Matwork Exercises by the *PhysicalMind Institute*, and over two hundred hours of instructing this method. Please bring a cushioned mat and bath towel.

PORTRAITURE IN PENCIL AND PASTEL

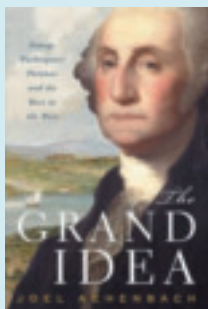
This 6-week class is taught by Marianne Winter and begins June 23. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Ms. Winter is an award-winning artist and photographer. Please bring a pad and pencil or pastel to the first class. The cost is \$60. (Maximum number of students is 10).

TAI CHI (Thursday)

This 6-week session begins July 8. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends August 19 (there will be no class July 22).

TAI CHI (Tuesday)

This 6-week session begins July 6. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends August 17 (there will be no class July 20).



George Washington's obsession: the Potomac River

Joel Achenbach, acclaimed author, *Washington Post* writer, *National Geographic*

columnist, and frequent commentator on National Public Radio's "Morning Edition," will discuss his book, *The Grand Idea: George Washington's Potomac and the Race to the West*, at the Village Center on **Thursday, June 24, at 7:30 p.m.**

Mr. Achenbach's book is about a little-known chapter in Washington's life: his ambitious plan to make the Potomac River the major commercial thoroughfare of the young United States. Although that didn't happen, the geography of the river and Washington's dreams for its future were decisive influences in the choice of a site for the national capital.

Please sign up in advance, as seating will be limited. Call the Village Center at 301-656-2797 to register. Copies of the book, provided by Politics and Prose Bookstore, will be available for sale.

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CONCERTS

*Concerts are performed Wednesdays, from 7:30 to 8:30 p.m., in Hubert Humphrey Park.
In the case of inclement weather, concerts will be performed in Huntley Hall.*

Wednesday, June 2 — Minter and Minter. This husband-and-wife team specializes in pieces from the Great American Songbook, including works by Gershwin, Porter and others. Vocalist Marilyn has appeared at Blues Alley; George was an original member of the famed One O'Clock Band from North Texas.

Wednesday, June 9 — Mariachis de Los Compadres. — Mariachis de Los Compadres has been entertaining the East Coast for more than 20 years with Mexico's best loved music. Wearing colorful, authentic Mariachi costumes, the

band plays traditional instruments: the bihuele, guitarron, trumpets, guitar, violins and harp. Performance credits include the White House, president Reagan's Inaugural Ball, government special events, various Smithsonian venues and hundreds of private events.

Wednesday, June 16 — The Orioles. The Orioles, the most famous of the Doo Wop groups, are members of the Rock and Roll Hall of Fame. The group became popular with the hits, *What Are You Doing New Years, Too Soon to Know* and *Crying in the Chapel*. Local performances include the Library

of Congress and the Smithsonian. Leader Diz Russell is an original member of the group.

Wednesday, June 23 — Alexandria Kleztet. This high-energy group blends a variety of musical genres to produce a unique klezmer sound.

Wednesday, June 30 — Dixie Power Trio. The Dixie Power Trio was formed in 1992 as a traditional three-piece dixieland band. Soon after, the group added a fourth member and started experimenting with zydeco and other Louisiana-based musical styles.

Mehmet has over 21+ years real estate experience in the Washington Metropolitan Area, he is a resident in the center of Friendship Heights at 4620 North Park Avenue, his care and concern for the real estate value of your neighborhood and his, makes his neighborhood knowledge a tremendous asset to those at Friendship Heights.

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TO YOUR HEALTH

Osteoarthritis and your joints

Dr. Deborah Litman, will discuss the newest medications on the market for arthritis at this month's Suburban lecture on **Wednesday, June 9, at 1 p.m.** She will also address the importance of diet and exercise in helping to control the progression of its symptoms.

There is no cost for the lecture, but please call 301-656-2797 to let us know if you plan to attend.

Learn the five vital fundamentals of financial success

Whether your goal is saving for retirement or funding a child's education - or both - you'll want to attend a financial solutions seminar on **Tuesday, June 22, at 7:30 p.m.** presented by Allison Gengarella and Jeff Magee of Primerica Financial Services, a member of Citigroup.

Topics include: controlling spending, eliminating debt, saving and investing money, and protecting your assets. The event is free, but please let us know you are coming by calling 301-656-2797.

A seminar in long term care

Scott Coury, a specialist with the General Electric Financial Services' Long Term Care Division for the state of Maryland, will hold an informative workshop at the Friendship Heights Village Center on **Tuesday, June 22, at 10 a.m.**

Seminar topics will include the costs and risks associated with long term care needs, options for providing care, and how long term care insurance works.

The event is free, but please let us know you are coming by calling 301-656-2797.

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THURSDAY, June 17 at 12:30PM
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RSVP: Leila Mathur, Assoc. Vice President, Investments
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Cafe Muse presents...

This month's Café Muse, on **Thursday, June 17, at 7:30 p.m.**, presents poets Gray Jacobik and Ron Mohring.

Gray Jacobik is a recipient of a NEA Arts Fellowship in Creative Writing. Her work has appeared in *Best American Poetry 1997 & 1999*, *The Kenyon Review*, *Poetry*, *Ontario Review*, *The Georgia Review*, *Connecticut Review* and *Ploughshares*, among other publications. She has received The Juniper Prize, the X. J. Kennedy Poetry Prize, the AWP Poetry Series Award, and was nominated for The James Laughlin Award and The Poet's Prize.

Ron Mohring's poems have appeared in many journals, including *Alaska Quarterly Review*, *Artful Dodge*, *Blue Moon Review*, *Diagram*, *The Gettysburg Review*, *Green Mountains Review*, and *Hanging Loose*. He has won several awards including the 2003 Washington Prize for collection, *Survivable World*.

Classical guitar selections by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has published contemporary works and sponsored public programs for over 25 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.



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A Fresh New Look Brings Bright New Senior Living Options

Celebrate with Brighton Gardens at Friendship Heights

Tuesday, June 15, 2004 from 6:00pm-8:00pm

For more than 23 years, Sunrise Senior Living has provided seniors with quality care and services and a variety of lifestyle options in comfortable home-like surroundings.

With a mission to champion the quality of life for all seniors, Brighton Gardens at Friendship Heights—now a Sunrise Senior Living community—is proud to showcase its newly remodeled interior and introduce its big-hearted, well-trained staff.

Brighton Gardens provides social activities, transportation options, and delicious meals in addition to personalized assistance and care, allowing residents to live life with dignity on their own terms. In addition to assisted living, Alzheimer's care is also available.

We invite you to join us for a celebration that will enable you to experience firsthand what life is like at Brighton Gardens.

Celebrate

Our "New Look" on Tuesday, June 15th from 6:00pm until 8:00pm

Entertainment and refreshments will be available

RSVP to Danielle or Sue
at 301-656-1900 by June 9th


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Georgia Trip continued from page 3

keepers dwelling, 1890 oil house and a Victorian gazebo.

We'll return to the hotel, where you'll have time to relax at the resort. Choose casual or elegant dining options at the hotel for dinner on your own.

On Wednesday morning following breakfast, we'll travel north to historic Savannah. En route, we'll visit Hofwyl-Broadfield Plantation. Visitors can walk beneath live oaks to this antebellum home furnished with fine antiques, and then gaze from the porch past magnolias to the marsh where rice once flourished. Upon arrival in Savannah, we'll be treated to a Southern luncheon at Mrs. Wilkes' Boarding House.

That afternoon, we'll enjoy a driving tour through one of the most beautiful cities in America.

During our tour, we'll learn about the city and visit some of its beautiful squares and monuments. Later, we'll check into the Mulberry Inn, in downtown Savannah in time for afternoon tea. That evening, dine on your own in one of Savannah's riverside restaurants.

Our next stop is Charleston, South Carolina, where we'll enjoy a picnic lunch and tour at Drayton Hall. The oldest preserved plantation house in America, it remains in almost original condition after seven generations. Once in downtown Charleston, our guide will take us on a tour of the historic area, accenting the culture of the Gullah people, a unique group of African descendants known for their cuisine and fine crafts.

We'll check into the Doubletree Suites in historic Charleston and

later dine at the elegant High Cotton restaurant.

On Friday, following breakfast we'll depart Charleston for the trip back to Friendship Heights.

The cost of the trip, which includes transportation, five nights' deluxe accommodations, three dinners, three lunches, five breakfasts, admissions, guide fees, taxes and gratuities, is \$995 per person based on double occupancy. The single supplement is \$330. There are 28 spaces available.

A \$500 deposit is at sign up. Sign ups for residents and one guest begin immediately. Non residents may sign up beginning June 15. The deadline to sign up is July 6. The deposit is refundable until Aug. 9 Full refund is available after Aug. 9 only if trip is full and your space can be resold.



Friendship Heights

VILLAGE NEWS

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Check out our website:

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June 2004 events calendar